

**Essence:** Sweet children, I am always beyond sound. I have come to take you children beyond sound. It is now the stage of retirement of all of you. You now have to go home, beyond sound.

**Question:** Whom would you call a good effort-making *student*? What are the main signs?

**Answer:** A good effort-making student is one who knows how to talk to himself, and has subtle study. Effort-making students would continually check themselves: Do I have any devilish nature in me? To what extent have I imbibed divine virtues? Do I have any *criminal* thoughts? They would keep their *register* to see to what extent they constantly have the vision of brotherhood.

Om shanti. Baba explains to the spiritual children who are making effort to go beyond sound, that is, who are making effort to go home. That is the home of all souls. You understand that you now have to shed that body and return home. The Father says: I have come to take you back home. This is why you have to remain beyond that body and bodily relationships. This is a dirty world. The soul knows that he now has to return home. The Father has come to purify you. We have to go to the pure world once again. You should churn this ocean of knowledge inside you. No one else would have such thoughts. You know that you will willingly shed that body, return home and then come back into the new world in new pure relationships. Very few have this awareness. The Father says: Young, mature and old – you all have to return home and then come back into the new world in pure relationships. It should repeatedly enter your intellect that you are now making preparations to return home. Those who do something will return with Baba. Those who now do something in the name of God will become multimillionaires in the new world. Those people do everything *indirect* in this old world. They believe that God will give them the fruit of that. The Father now explains to you that they only receive temporary fruit. I have now come and I advise you: Those who give now will receive that as multimillions for 21 births. You understand that you will go and take birth in a grand home or you will become Narayan or Lakshmi. So then, you also have to make that much effort. We are making preparations to leave this dirty old world. We have to renounce this old world and old body. You should remain ready to such an extent that you don't remember anyone else at the end. If you remember the old world or your friends and relatives, what will be your state? It is said: Those who remember a woman at the end... This is why you should *follow* the father. It isn't that Baba thinks he has to shed his body because he is old. No, all of you are old. It is the stage of retirement of everyone. Everyone has to return home. This is why the Father says: Break your intellect's yoga from this old world. You now have to return to your home. Then you will stay there for as long as you have to stay there. The later you have to play your part, the later you will adopt a body and play your part. Some would even remain in the land of peace for 5000 years less a hundred years. They would come at the end. When someone sacrifices himself at Kashi, all his sins are absolved. How many sins would those who come at the end accumulate? They would come and go. However, no one can receive eternal liberation. What would they do staying there? They definitely have to play their *part*. Your *part* is to come at the beginning. So the Father says: Children, continue to forget this old world. You now have to return home. Your *part* of 84 births has ended. You have become impure. You now have to consider yourself to be a soul and remember the Father. Imbibe divine virtues. The Father explains: Children, continue to check yourself: Do I have a devilish nature? Your nature should be divine. Keep a *chart* for this and it will become firm. However, Maya is such that she doesn't allow you to keep a *chart*. You keep it for 2 to 4 days and then leave it, because it is not in your fortune. If it is in your fortune, you keep your *register* very well. They definitely keep a *register* at *school*. Here, too, everyone at all the centres has to keep their *chart* or *register*. Then, check whether you attend daily. Am I imbibing divine virtues? You have to go higher than the relationship of brother and sister. There has to be just the spiritual vision of brotherhood. I am a soul. There should be no *criminal* vision. The relationship of brother and sister is because you are Brahma Kumars and Kumaris. You are the children of one Father. It is only at this confluence age that you stay in the relationship of brother and sister so that the vision of vice ends. You must only remember the one Father. You have to go beyond sound. To talk to yourself in this way is subtle study. There is no need to make any sound. It is in order to explain to you children that Baba has to come into sound. He also has to explain to you in order for you to go beyond sound. You now have to return home. You called out to the Father to come and take you

with Him: We are impure and so cannot return home. Who can make us pure in the impure world? Sages and holy men etc. cannot make you pure. They themselves go and bathe in the Ganges to become pure. They don't even know the Father. Those who knew Him in the previous cycle are the ones who are making effort now. No one except the Father can inspire you to make this effort. The Father is the highest of all. Look at the state human beings have reached by saying that such a Father is in the pebbles and stones. They have continued to come down the ladder. On the one hand, they are completely viceless and on the other hand those people are completely vicious. Only those who believed these things in the previous cycle will believe them now. It is your duty to tell the Father's orders to everyone who comes here. Explain the picture of the ladder. It is now the stage of retirement of everyone. Everyone will now go to the land of peace or the land of happiness. Those who make their soul completely pure with the power of the intellect's yoga will go to the land of happiness. The ancient yoga of Bharat has been remembered. The soul has now also remembered that he truly did come here first and that he now has to return home. You now remember your part. Those who do not become part of this clan do not remember that they have to become pure. It is for becoming pure that you have to make effort. The Father says: Consider yourselves to be souls and remember Me and you will become conquerors of sin and consider yourselves to be brothers and sisters and your vision will change. Your vision isn't bad in the golden age. The Father continues to explain: Children, ask yourself: Am I a golden-aged deity or an iron-aged human being? You children have to make very good pictures and *slogans* etc. One picture should ask the question: Are you golden-aged or iron-aged? The second picture should ask another question. You should create this enthusiasm everywhere. The Father is giving you *shrimat* to make the impure ones pure. However, what would I know about your business etc? You called out to the Father to come and show you the path to change from human beings into deities. I come and show you this. It is such a *simple* matter. The signal I give you is very easy: *Manmanabhav!* Consider yourself to be a soul and remember the Father. Because of not understanding the meaning of this, they have said that the Ganges is the Purifier. It is the Father who is the Purifier. It is now the time of settlement for everyone. I enable you to settle your karmic accounts and take you back home. You understand when the Father explains, but if it is not in your fortune, you fall. The Father says: Consider yourselves to be brothers and sisters. You should never have bad vision. Some have the evil spirit of lust, others have the evil spirit of greed. Sometimes, when they see good food, they are tempted by that. When they see someone selling roasted chick peas, they will want to eat some. Then, if you do eat those, because you are weak, you quickly become affected and your intellect is corrupted. You should *follow* those to whom the Mother, Father and the special ones give a *certificate*. You should eat whatever you receive from the yagya considering that to be very sweet. You must not get tempted. Yoga is also needed. If there isn't yoga, you would say, "I should eat this, otherwise, I will fall ill." It should remain in your intellect that you have come here to become deities. You now have to return home and you will go and become a baby in your mother's womb. Whatever the mother eats and drinks affects the baby in her womb. None of these things exist there. There, everything will be *first-class*. Our mothers will eat *first-class* things which will give us nourishment. There, everything is *first-class*. When you take birth, your food and drink are pure. So, you should make preparations to go to such a heaven. You have to remember the Father. The Father comes and *rejuvenates* you. Those people transfers *monkey-glands* into human beings believing that they will become young, just as they have a *heart-transplant*. The Father doesn't give you another *heart*. He comes and *changes* you. All of that is *science*. They continue to manufacture *bombs* etc. All of those things will destroy the world. That is a *tamopradhan* intellect. They are happy that that destiny is created. The *bombs* definitely have to be made. In the scriptures, it is written that missiles emerged from their stomach, and that such and such happened. The Father has now explained that all of those things are the path of devotion. I alone taught you Raja Yoga. That is just a story. By listening to it, your state has become what it has. The Father is now telling you the story of the true Narayan, the story of the third eye and the story of (the Lord of) Immortality. You attain that status through this study. However, there isn't a Krishna etc. like they have shown him, spinning a discus and killing everyone with it. I simply teach you Raja Yoga and purify you. I make you into spinners of the discus of self-realisation. They have shown

Krishna with a discus. How would he spin the discus of self-realisation? It is not a question of magic. All of that is defamation. That continues for half the cycle. The drama is so *wonderful*. It is now the stage of retirement of all, young and old. We now have to return home and we therefore have to remember the Father. Nothing else should be remembered. Only when you have such a stage can you attain a high status. You should ask your heart: To what extent is my *register* OK? You can tell from the *register* about your activities, whether you study *regularly* or not. Some even tell lies. The Father says: Tell the truth. If you don't, your *register* will be spoilt. You promise God that you will become pure. So, then, if you break that promise, what will your state become? If you fall into vice, the whole play is over. The first enemy is body consciousness. Then lust. Then anger. One's attitude becomes impure when there is body consciousness. This is why the Father says: May you be soul conscious. This one is also Arjuna. It was the Krishna soul. The name of the one He entered was changed. His name is not Arjuna. People say that this tree etc. are all your imagination. Whatever you people imagine, you will then see that at some point. You children should be very happy that you will go to heaven and become small children again. Then your name, form, land and time etc. will all be new. This is the unlimited drama. That which is predestined is taking place again. It has to happen so why should we worry? You children now have the secrets of the drama in your intellect. No one else knows these except you Brahmins. At this time, all the people in the world are worshippers. Where there are worshippers, there cannot be a single person who is worthy of worship. The worthy-of-worship ones exist in the golden and silver ages. In the iron age there are worshippers, so how can you call yourselves worthy of worship? Only the deities are worthy of worship. Human beings are worshippers. The Father explains the main thing: If you want to become pure, constantly remember Me alone. According to the drama, however much effort someone made, that is how much effort he will make. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. Keep a *register* of your study. Look at your *chart* to see: To what extent do I have the vision of brotherhood? Has my nature become divine?
2. Keep a lot of control over your tongue (taste and food). It should remain in your intellect that you are becoming deities and that you therefore have to pay a lot of attention to your food and drink. Your taste-buds should not cause mischief. You have to *follow* the Mother and Father.

**Blessing:** May you be an image of tapasya who makes the self and the world free from obstacles with love for God.

To stay in love with God is tapasya. It is the power of this tapasya that can make the self and the world constantly free from obstacles. Your true service is to remain free from obstacles and enable others to become free from obstacles, which liberates all souls from all the different types of obstacles. Such server children claim the blessing of liberation-in-life from the Father on the basis of their tapasya and become instruments to give that to others.

**Slogan:** Gather the love that has been distributed and have love for the one Father and you will become free from labouring.

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